

## National Alliance of Direct Support Professionals (NADSP E-Badge Training)

Relias offers online learning, staff compliance training, and continuing education for intellectual/developmental disability providers.

Relias Training Crosswalks are based on published accreditation standards. They are designed to assist organizations in the selection of courses from the Relias libraries to ensure and demonstrate staff competence according to the training standards. In some cases, it may be useful for customer organizations to develop training specific to the organization's individual needs.

General staff compliance trainings should be selected to ensure the organization meets OSHA and other regulatory requirements. Staff training is only one element of a successful survey and the Crosswalks are not meant to take the place of a careful review and evaluation of your program to the accreditation standards.

The courses listed are a representative sample of Relias courses. Select NADSP-approved modules may not be available in all libraries/packages; refer to your organization's offerings for available options. "NADSP Competency Area" indicates the competency areas specified by the National Alliance for Direct Support Professionals.

Relias has curricula that are accredited by NADSP to meet the required training hours to obtain the Accredited Education E-Badges. The course modules for each competency area and badge are suggested to support the learner in obtaining the skills necessary to obtain the badges for each Direct Support Professional (DSP) level. NADSP E-Badge Academy certification requirements:

\*DSP-I Certification: individuals must earn 15 total NADSP E-Badges, which includes 50 hours of accredited education

\*DSP-II Certification: individuals must earn DSP-I Certification and 30 total NADSP E-Badges, which includes 100 hours of accredited education (50 hours of which was previously earned as DSP-I)

\*DSP-III Certification: individuals must earn DSP-II Certification and 50 total NADSP E-Badges

Disclaimer: The following constitutes Relias, LLC's recommendation of course work for each listed Crosswalk Measure. Relias does not make any guarantee that such course(s) will be accepted by the accrediting body(ies).

Reference:

<https://nadsp.org/services/certification/>

### NADSP Code of Ethics

To earn the DSP-I Certification, individuals must attest to The Code of Ethics Commitment

Refer to: <https://nadsp.org/resources/the-nadsp-code-of-ethics/>

### Commitment to adhere to NADSP's Code of Ethics

**Note: No training is required to meet this standard; however, learners may choose from Relias' NADSP accredited modules to supplement understanding and application of the nine (9) tenets**

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

### DSP-I Accredited Education NADSP E-Badge

To earn the DSP-I Certification, individuals must earn the 50 hours of Accredited Education NADSP E-Badge.

**50 hours of direct instruction from an NADSP Accredited Education program for DSPs**

**Additional suggested modules are listed under each competency area**

**\*\*NOTE: Learners must ensure they complete courses which are NADSP-approved; these courses can be found in the certificates filter in/on the RLMS**

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

**Crisis Prevention and Intervention Competency Area**

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Crisis Prevention and Intervention competency area.

**The DSW/DSP identifies risk and behaviors that that can lead to a crisis, and uses effective strategies to prevent or intervene in the crisis in collaboration with others**

**Suggested modules:**

Module Code	Module Name	Hours
REL-IDD-0-ABIDD	Abuse and Neglect of Individuals with I/DD	2.50
REL-IDD-0-DSPCCMS-3	Conflict Management for Direct Supports Staff in IDD	1.00
REL-IDD-0-CIIDD	Crisis Intervention for Individuals with IDD	0.75
REL-BHC-0-IAADA	Identifying and Addressing Older and Dependent Adult Abuse	1.25
REL-IDD-AAIDD-PPBSP10	Principles of Positive Behavior Support Pt.1: Overview	0.75
REL-IDD-AAIDD-PPBSP2TFS	Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment	0.50
REL-IDD-AAIDD-PPBSP3TIIDD	Principles of Positive Behavior Support Pt.3: Teaching New Skills	0.50
REL-IDD-AAIDD-PPBSP4IBSP	Principles of Positive Behavior Support Pt.4: Importance of BSPs	0.75
REL-IDD-0-MCBPIDD	Providing Support for Challenging Behavior	0.50
REL-IDD-0-RSMSAIDD	Relaxation Strategies to Minimize Stress and Anxiety in Individuals with IDD	0.75

**Safety Competency Area**

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Safety competency area.

**The DSW/DSP is attentive to signs of abuse, neglect or exploitation and follows**

procedures to protect an individual from such harm. S/he helps people to avoid unsafe situations and uses appropriate procedures to assure safety during emergency situations

**Suggested modules:**

Module Code	Module Name	Hours
REL-IDD-0-ABIDD	Abuse and Neglect of Individuals with I/DD	2.50
REL-CV-0-FSTB	Fire Safety	0.50
REL-BHC-0-IAADA	Identifying and Addressing Older and Dependent Adult Abuse	1.25
REL-IDD-0-IIIDD	Incident Investigations in IDD	1.00
REL-IDD-0-MHSIIDD	Monitoring Health and Safety of Individuals with IDD	1.00
REL-IDD-0-RMDSP	Risk Management for Direct Support Professionals	1.00
REL-HHS-0-SF-V2	Safety In The Field	2.50
REL-IDD-0-ESIDD	Supporting Individuals with Disabilities During Emergencies	1.25
REL-IDD-OADSP-WEIR	Writing Effective Incident Reports	1.50

**Person-Centered Practices Competency Area**

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Person-Centered Practices competency area.

The DSW/DSP uses person-centered practices, assisting individuals to make choices and plan goals, and provides services to help individuals achieve their goals

**Suggested modules:**

Module Code	Module Name	Hours
REL-CV-CQL-APOMBH	Application of the Personal Outcome Measures for Behavioral Health	2.75
REL-CV-CQL-APOM-V2	Application of the Personal Outcome Measures® for Families, Children, and Youth	3.00
REL-IDD-0-CMPWIDD	Choice Making for People with IDD	0.75
REL-IDD-0-PCP	Person-Centered Planning	1.75
REL-IDD-0-DSPCCMS-2	Person-First Language	1.00
REL-IDD-0-IBC1	Positive Behavior Support Planning: Part 1	2.00
REL-IDD-0-IBC2	Positive Behavior Support Planning: Part 2	2.25
REL-IDD-0-DSP1	Supporting Healthy Personal Relationships for People with IDD	1.00
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00
REL-IDD-0-TSAS	Supporting Self-Advocacy Skills	0.50
REL-CV-CQL-PWR-V2	The Power of Personal Outcome Measures®	2.00

REL-CV-CQL-PLAN-V2	Using Personal Outcome Measures® in Planning for People	2.00
REL-IDD-0-USP	Using Service Plans	0.50
REL-IDD-0-QAC4	Writing and Monitoring Goals for Person-Centered Plans	1.25

## Health and Wellness Competency Area

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Health and Wellness competency area.

**The DSW/DSP plays a vital role in helping individuals to achieve and maintain good physical and emotional health essential to their well-being**

### Suggested modules:

Module Code	Module Name	Hours
REL-ALL-0-AINCP	About Infection Control and Prevention	1.00
REL-IDD-0-OSED	An Overview of Safe Eating and Drinking	0.75
REL-SRC-0-ASMB	Assisting with Self-Administration of Medications: The Basics	1.00
REL-ALL-0-BPPE	Basics of Personal Protective Equipment	0.50
REL-IDD-0-CHPIPIDD	Common Health Problems and Interventions for Persons with IDD	0.50
REL-IDD-0-DOH-V2	Dental and Oral Health for Individuals with IDD	0.75
REL-ALL-0-FIRSTAID	First Aid Refresher	1.00
REL-IDD-0-HNOPIDD	Health Needs and Outcomes for People with IDD	0.50
REL-IDD-0-HPARCIDD	Health Promotion and Age-Related Changes in IDD	0.75
REL-IDD-0-RHN	Healthcare Needs in IDD	0.75
REL-ALL-0-INFVAC	Influenza Vaccination	0.50
REL-IDD-0-ICIDD	Integrated Care in IDD	1.00
REL-IDD-0-MCPIDD	Managing Constipation for People with IDD	0.50
REL-IDD-0-MCPIDD	Managing Constipation for People with IDD	0.50
REL-IDD-0-MM	Medication Management Part 1: Overview	0.50
REL-IDD-0-UM	Medication Management Part 2: Understanding Medications	0.50
REL-IDD-0-MLD	Medication Management Part 3: Labels and Documentation	0.50
REL-IDD-0-AM	Medication Management Part 4: Administering Medications	0.50
REL-ALL-0-MSTF	Minimizing Trips, Slips, and Falls	0.25
REL-IDD-0-MHSIIDD	Monitoring Health and Safety of Individuals with IDD	1.00
REL-IDD-0-PFIDD	Preventing Falls	1.00
REL-IDD-OADSP-PPEDS	Principles and Practices of Effective Direct Supports	1.00
REL-BHC-0-PMAOP	Psychiatric Medications: An Overview for	1.50

	Paraprofessionals	
REL-IDD-0-RSMSAIDD	Relaxation Strategies to Minimize Stress and Anxiety in Individuals with IDD	0.75
REL-PAC-0-STFP	Slips, Trips, and Falls Prevention	0.50
REL-IDD-0-DSP3	Substance Use and People with Intellectual and Developmental Disabilities	0.75
REL-IDD-0-SHEE	Supporting Healthy Eating and Exercise	0.75
REL-IDD-0-RSIDIDD	Supporting People with Dementia and IDD	0.50
REL-IDD-0-SIIDCOD	Supporting People with IDD and Mental Health Conditions	1.00
REL-IDD-GH-SI	Systematic Instruction Strategies	3.25
REL-IDD-0-TVSIIDD	Taking Vital Signs for Individuals with IDD	0.50

## DSP-II Accredited Education NADSP E-Badge

To earn the DSP-II Certification, individuals must earn the DSP-I Certification plus 100 hours of Accredited Education NADSP E-Badge (50 hours of which was previously completed as DSP-I).

**100 hours of direct instruction from an NADSP Accredited Education program for DSPs**

**Additional suggested modules are listed under each competency area**

**\*\*NOTE: Learners must ensure they complete courses which are NADSP-approved; these courses can be found in the certificates filter in/on the RLMS**

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

## Evaluation and Observation Competency Area

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Evaluation and Observation competency area.

**The DSW/DSP closely monitors an individual's physical and emotional health, gathers information about the individual, and communicates observations to guide services**

**Suggested modules:**

Module Code	Module Name	Hours
REL-IDD-OADSP-UA-V2	Assessments in IDD	2.00
REL-IDD-OADSP-GDIDD	Guidelines for Documentation in IDD	0.75
REL-IDD-OADSP-GED-V2	Guidelines for Effective Documentation	3.00
REL-IDD-0-IBC1	Positive Behavior Support Planning: Part 1	2.00
REL-IDD-0-IBC2	Positive Behavior Support Planning: Part 2	2.25

REL-IDD-NADD-RSBP	Risk Screening for Best Practices	1.25
REL-BHC-0-SBISUI	Screening and Brief Interventions for Substance Use Issues	1.50
REL-IDD-AAIDD-ID	Understanding Intellectual Disability	0.75

## Communication Competency Area

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Communication competency area.

**The DSW/DSP builds trust and productive relationships with people s/he supports, co-workers and others through respectful and clear verbal and written communication**

### Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-CCMS	Communication and Conflict Management Skills	0.75
REL-IDD-0-DTR	Developing Therapeutic Relationships	0.50
REL-ALL-0-ECWSNK	Effective Communication: What Supervisors Need to Know	1.00
REL-ALL-0-ECCE	Essentials of Communication: Communication Effectiveness	1.00
REL-ALL-0-ECCE	Essentials of Communication: Communication Effectiveness	1.00
REL-ALL-0-ECEL	Essentials of Communication: Effective Listening	1.00
REL-ALL-0-ECNC	Essentials of Communication: Navigating Conversations	1.00
REL-IDD-0-MOC	Methods of Communication	0.50
REL-IDD-0-DSPCCMS-2	Person-First Language	1.00
REL-IDD-0-RCD	Respecting Cultural Diversity in Persons with IDD	1.00
REL-ALL-0-WWDP	Working with Difficult People	0.25

## Professionalism and Ethics Competency Area

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Professionalism and Ethics competency area.

**The DSW/DSP works in a professional and ethical manner, maintaining confidentiality and respecting individual and family rights**

### Suggested modules:

Module Code	Module Name	Hours
REL-ALL-0-HEB-V2	Employee Wellness - Healthy Eating on a Budget	0.25
REL-ALL-0-HS-V2	Employee Wellness - Healthy Sleep	0.25
REL-ALL-0-IPF-V2	Employee Wellness - Importance of Physical Fitness	0.25

REL-ALL-0-EWBWL	Employee Wellness: Balancing Work and Life	0.25
REL-ALL-0-ETHCC	Ethics and Corporate Compliance	0.50
REL-ALL-0-HBAS	HIPAA: Basics	0.50
REL-ALL-0-HDDSMEC	HIPAA: Do's and Don'ts of Social Media and Electronic Communication	0.50
REL-ALL-0-HPRR	HIPAA: Privacy Rule	0.25
REL-ALL-0-HSECR	HIPAA: Security Rule	0.50
REL-BHC-0-LESBHP	Legal and Ethical Standards For Behavioral Health Professionals	1.00
REL-ALL-0-PSW	Problem Solving in the Workplace	1.00
REL-ALL-0-BETHDM	The Basics of Ethical Decision Making	0.50

## Community Inclusion and Networking Competency Area

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Community Inclusion and Networking competency area.

**The DSW/DSP helps individuals to be a part of the community through valued roles and relationships, and assists individuals with major transitions that occur in community life**

### Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-BRCPIDD	Building Relationships and Community for People with IDD	0.75
REL-IDD-0-ES	Employment Support	1.00
REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00
REL-IDD-0-RIDD	Retirement in IDD	0.50
REL-IDD-0-SSIIASD	Social Integration Strategies for People with Autism Spectrum Disorder	0.75
REL-IDD-0-DSP1	Supporting Healthy Personal Relationships for People with IDD	1.00
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00

## DSP-III NADSP E-Badge Requirements

To earn the DSP-III Certification, individuals must earn 50 total E-Badges, to include the DSP-II Certification (which includes the NADSP Code of Ethics from DSP-I and 100 hours of accredited education) and at least one Core Competency E-Badge from each of the competency areas identified in subsequent sections of this Crosswalk.

### Commitment to adhere to NADSP's Code of Ethics

**Note: No training is required to meet this standard; however, learners may choose from Relias' NADSP accredited modules to supplement understanding and application of the**

## nine (9) tenets

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

100 hours of direct instruction from an NADSP Accredited Education program for DSPs

Additional suggested modules are listed under each competency area

**\*\*NOTE: Learners must ensure they complete courses which are NADSP-approved; these courses can be found in the certificates filter in/on the RLMS**

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

## Empowerment and Advocacy Competency Area

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Empowerment and Advocacy competency area.

The DSW/DSP provides advocacy and empowers and assists individuals to advocate for what they need

Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-ABIDD	Abuse and Neglect of Individuals with I/DD	2.50
REL-IDD-0-CMPWIDD	Choice Making for People with IDD	0.75
REL-BHC-0-IAADA	Identifying and Addressing Older and Dependent Adult Abuse	1.25
REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00
REL-IDD-0-PCP	Person-Centered Planning	1.75
REL-IDD-0-RIIDD	Rights of Individuals with IDD	0.75
REL-IDD-0-SDS	Self-Directed Services	0.50
REL-IDD-0-TSAS	Supporting Self-Advocacy Skills	0.50

## Community Living Skills and Supports Competency Area

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Community Living Skills and Supports competency area.

The DSW/DSP helps individuals to manage the personal, financial, and household tasks



that are necessary on a day-to-day basis to pursue an independent, community-based lifestyle

**Suggested modules:**

Module Code	Module Name	Hours
REL-IDD-0-BRCPIDD	Building Relationships and Community for People with IDD	0.75
REL-IDD-0-DOH-V2	Dental and Oral Health for Individuals with IDD	0.75
REL-IDD-0-PCP	Person-Centered Planning	1.75
REL-IDD-0-PFIDD	Preventing Falls	1.00
REL-IDD-OADSP-PPEDS	Principles and Practices of Effective Direct Supports	1.00
REL-IDD-AAIDD-PPBSP2TFS	Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment	0.50
REL-IDD-AAIDD-PPBSP3TIIDD	Principles of Positive Behavior Support Pt.3: Teaching New Skills	0.50
REL-IDD-0-SSIIASD	Social Integration Strategies for People with Autism Spectrum Disorder	0.75
REL-IDD-0-DSP1	Supporting Healthy Personal Relationships for People with IDD	1.00
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00
REL-IDD-GH-SI	Systematic Instruction Strategies	3.25

**Education, Training, and Self-Development Competency Area**

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Education, Training, and Self-Development competency area.

**The DSW/DSP obtains and maintains necessary certifications, and seeks opportunities to improve their skills and work practices through further education and training**

**Suggested modules; additional NADSP accredited modules available in Relias libraries:**

Module Code	Module Name	Hours
REL-IDD-0-ODTD-V2	An Overview of Different Types of Disabilities	1.00
REL-IDD-OADSP-UA-V2	Assessments in IDD	2.00
REL-IDD-0-DSP4	Criminal Justice System and People with Intellectual and Developmental Disabilities	0.50
REL-ALL-0-EWCSE	Employee Wellness: Caregiving Side Effects	0.25
REL-IDD-0-OHDALS	Human Development Across the Life Span	0.75
REL-IDD-NADD-IDDTRR	IDD and Trauma: Road to Recovery	1.50
REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00
REL-HHS-0-QI	Quality Assurance and Performance Improvement for Direct Care Professionals	1.00

REL-BHC-0-SBISUI	Screening and Brief Interventions for Substance Use Issues	1.50
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00
REL-ALL-0-BETHDM	The Basics of Ethical Decision Making	0.50
REL-IDD-AAIDD-ID	Understanding Intellectual Disability	0.75

## Cultural Competence Competency Area

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Cultural Competence competency area.

**The DSW/DSP respects cultural differences, and provides services and supports that fit with an individual's preferences**

**Suggested modules:**

Module Code	Module Name	Hours
REL-ALL-0-CDIV	Cultural Competence	0.50
REL-IDD-0-RCD	Respecting Cultural Diversity in Persons with IDD	1.00