

# National Alliance of Direct Support Professionals (NADSP E-Badge Training)

Relias offers online learning, staff compliance training, and continuing education for intellectual/developmental disability providers.

Relias Training Crosswalks are based on published accreditation standards. They are designed to assist organizations in the selection of courses from the Relias libraries to ensure and demonstrate staff competence according to the training standards. In some cases, it may be useful for customer organizations to develop training specific to the organization's individual needs.

General staff compliance trainings should be selected to ensure the organization meets OSHA and other regulatory requirements. Staff training is only one element of a successful survey and the Crosswalks are not meant to take the place of a careful review and evaluation of your program to the accreditation standards.

The courses listed are a representative sample of Relias courses. Select NADSP-approved modules may not be available in all libraries/packages; refer to your organization's offerings for available options. "NADSP Competency Area" indicates the competency areas specified by the National Alliance for Direct Support Professionals.

Relias has curricula that are accredited by NADSP to meet the required training hours to obtain the Accredited Education E-Badges. The course modules for each competency area and badge are suggested to support the learner in obtaining the skills necessary to obtain the badges for each Direct Support Professional (DSP) level. NADSP E-Badge Academy certification requirements:

\*DSP-I Certification: individuals must earn 15 total NADSP E-Badges, which includes 50 hours of accredited education

\*DSP-II Certification: individuals must earn DSP-I Certification and 30 total NADSP E-Badges, which includes 100 hours of accredited education (50 hours of which was previously earned as DSP-I)

\*DSP-III Certification: individuals must earn DSP-II Certification and 50 total NADSP E-Badges

Disclaimer: The following constitutes Relias, LLC's recommendation of course work for each listed Crosswalk Measure. Relias does not make any guarantee that such course(s) will be accepted by the accrediting body(ies).

#### Reference:

https://nadsp.org/services/certification/

#### **NADSP Code of Ethics**

To earn the DSP-I Certification, individuals must attest to The Code of Ethics Commitment Refer to: https://nadsp.org/resources/the-nadsp-code-of-ethics/

#### Commitment to adhere to NADSP's Code of Ethics

Note: No training is required to meet this standard; however, learners may choose from Relias' NADSP accredited modules to supplement understanding and application of the nine (9) tenets

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

# **DSP-I Accredited Education NADSP E-Badge**

To earn the DSP-I Certification, individuals must earn the 50 hours of Accredited Education NADSP E-

Badge.

#### 50 hours of direct instruction from an NADSP Accredited Education program for DSPs

#### Additional suggested modules are listed under each competency area

\*\*NOTE: Learners must ensure they complete courses which are NADSP-approved; these courses can be found in the certificates filter in/on the RLMS

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning	0.00
	Libraries	

#### **Crisis Prevention and Intervention Competency Area**

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Crisis Prevention and Intervention competency area.

The DSW/DSP identifies risk and behaviors that that can lead to a crisis, and uses effective strategies to prevent or intervene in the crisis in collaboration with others

#### Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-ABIDD	Abuse and Neglect of Individuals with I/DD	2.50
REL-IDD-0-DSPCCMS-3	Conflict Management for Direct Supports Staff in IDD	1.00
REL-IDD-0-CIIDD	Crisis Intervention for Individuals with Developmental Disabilities	0.75
REL-BHC-0-PIRDAA	Prevention, Identification, and Reporting of Dependent Adult Abuse	1.00
REL-IDD-AAIDD-PPBSP1O	Principles of Positive Behavior Support Pt.1: Overview	0.75
REL-IDD-AAIDD-PPBSP2TFS	Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment	0.50
REL-IDD-AAIDD-PPBSP3TIIDD	Principles of Positive Behavior Support Pt.3: Teaching New Skills	0.50
REL-IDD-AAIDD-PPBSP4IBSP	Principles of Positive Behavior Support Pt.4: Importance of BSPs	0.75
REL-IDD-NADD-PRIIDD	Promoting Relaxation for Individuals with IDD	1.50
REL-IDD-0-MCBPIDD	Providing Support for Challenging Behavior	0.50

# **Safety Competency Area**

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Safety competency area.

The DSW/DSP is attentive to signs of abuse, neglect or exploitation and follows procedures to protect an individual from such harm. S/he helps people to avoid unsafe situations and uses appropriate procedures to assure safety during emergency

#### situations

# Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-ABIDD	Abuse and Neglect of Individuals with I/DD	2.50
REL-CV-0-FSTB	Fire Safety	0.50
REL-IDD-0-HSM	Health and Safety Management	1.00
REL-IDD-0-IIIDD	Incident Investigations in IDD	1.00
REL-BHC-0-PIRDAA	Prevention, Identification, and Reporting of Dependent Adult Abuse	1.00
REL-IDD-0-RMDSP	Risk Management for Direct Support Professionals	1.00
REL-HHS-0-SF-V2	Safety In The Field	2.50
REL-IDD-0-ESIDD	Supporting Individuals with Disabilities During Emergencies	1.25
REL-IDD-OADSP-WEIR	Writing Effective Incident Reports	1.50

# **Person-Centered Practices Competency Area**

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Person-Centered Practices competency area.

The DSW/DSP uses person-centered practices, assisting individuals to make choices and plan goals, and provides services to help individuals achieve their goals

Module Code	Module Name	Hours
REL-CV-CQL-APOMBH	Application of the Personal Outcome Measures for Behavioral Health	2.75
REL-CV-CQL-APOM-V2	Application of the Personal Outcome Measures® for Families, Children, and Youth	3.00
REL-IDD-0-CMPIDD	Choice Making for People with Intellectual and Developmental Disabilities	1.00
REL-IDD-0-PCPIDD	Person Centered Planning for Individuals with Developmental Disabilities	3.25
REL-IDD-0-DSPCCMS-2	Person-First Language	1.00
REL-IDD-0-IBC1	Positive Behavior Support Planning: Part 1	2.00
REL-IDD-0-IBC2	Positive Behavior Support Planning: Part 2	2.25
REL-IDD-0-SELPD	Supporting Everyday Lives for People with Disabilities	2.50
REL-IDD-0-DSP1	Supporting Healthy Personal Relationships for People with IDD	1.00
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00
REL-IDD-0-TSAS	Supporting Self-Advocacy Skills	0.50
REL-CV-CQL-PWR-V2	The Power of Personal Outcome Measures®	2.00
REL-CV-CQL-PLAN-V2	Using Personal Outcome Measures® in Planning for	2.00

	People	
REL-IDD-0-USP	Using Service Plans	0.50
REL-IDD-0-QAC4	Writing and Monitoring Goals for Person-Centered Plans	1.25

# **Health and Wellness Competency Area**

To earn the DSP-I Certification, individuals must earn at least one Core Competency NADSP E-Badge from the Health and Wellness competency area.

The DSW/DSP plays a vital role in helping individuals to achieve and maintain good physical and emotional health essential to their well-being

Module Code	Module Name	Hours
REL-IDD-0-OSED	An Overview of Safe Eating and Drinking	0.75
REL-SRC-0-ASMB	Assisting with Self-Administration of Medications: The Basics	1.00
REL-ALL-0-BPPE	Basics of Personal Protective Equipment	0.50
REL-IDD-0-DOH-V2	Dental and Oral Health for Individuals with IDD	0.75
REL-ALL-0-FIRSTAID	First Aid Refresher	1.00
REL-IDD-0-HSM	Health and Safety Management	1.00
REL-IDD-0-HPARCIDD	Health Promotion and Age-Related Changes in IDD	0.75
REL-IDD-0-HNPI1	Healthcare Needs for People with IDD: Assessing Healthcare Needs	0.75
REL-IDD-0-HNPI5	Healthcare Needs for People with IDD: Common Health Problems and Interventions	0.75
REL-IDD-0-HNPI3	Healthcare Needs for People with IDD: Constipation	0.50
REL-IDD-0-HNPI4	Healthcare Needs for People with IDD: Seizures	0.75
REL-IDD-0-HNPI2	Healthcare Needs for People with IDD: Vital Signs	0.75
REL-IDD-0-RHN	Healthcare Needs in IDD	0.75
REL-SRC-0-ICP	Infection Control and Prevention	1.00
REL-ALL-0-INFVAC	Influenza Vaccination	0.50
REL-IDD-0-ICIDD	Integrated Care in IDD	1.00
REL-IDD-0-MM	Medication Management Part 1: Overview	0.50
REL-IDD-0-UM	Medication Management Part 2: Understanding Medications	0.50
REL-IDD-0-MLD	Medication Management Part 3: Labels and Documentation	0.50
REL-IDD-0-AM	Medication Management Part 4: Administering Medications	0.50
REL-ALL-0-MSTF	Minimizing Trips, Slips, and Falls	0.25
REL-IDD-0-PFIDD	Preventing Falls	1.00
REL-IDD-OADSP-PPEDS	Principles and Practices of Effective Direct Supports	1.00
REL-IDD-NADD-PRIIDD	Promoting Relaxation for Individuals with IDD	1.50

REL-IDD-NADD-PSYMED	Psychotropic Medications	1.50
REL-PAC-0-STFP	Slips, Trips, and Falls Prevention	0.50
REL-IDD-0-DSP3	Substance Use and People with Intellectual and Developmental Disabilities	0.75
REL-IDD-0-SHEE	Supporting Healthy Eating and Exercise	0.75
REL-IDD-0-RSIDIDD	Supporting People with Dementia and IDD	0.50
REL-IDD-0-SIIDDCOD	Supporting People with IDD and Mental Health Conditions	1.00
REL-IDD-GH-SI	Systematic Instruction Strategies	3.25

# **DSP-II Accredited Education NADSP E-Badge**

To earn the DSP-II Certification, individuals must earn the DSP-I Certification plus 100 hours of Accredited Education NADSP E-Badge (50 hours of which was previously completed as DSP-I).

#### 100 hours of direct instruction from an NADSP Accredited Education program for DSPs

#### Additional suggested modules are listed under each competency area

\*\*NOTE: Learners must ensure they complete courses which are NADSP-approved; these courses can be found in the certificates filter in/on the RLMS

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

# **Evaluation and Observation Competency Area**

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Evaluation and Observation competency area.

The DSW/DSP closely monitors an individual's physical and emotional health, gathers information about the individual, and communicates observations to guide services

Module Code	Module Name	Hours
REL-IDD-OADSP-UA-V2	Assessments in IDD	2.00
REL-IDD-OADSP-GDIDD	Guidelines for Documentation in IDD	0.75
REL-IDD-OADSP-GED-V2	Guidelines for Effective Documentation	3.00
REL-IDD-AAIDD-ID1	Intellectual Disability Part 1: Understanding the Construct and Its Assessment	1.75
REL-IDD-AAIDD-ID2	Intellectual Disability Part 2: Assessing Intellectual Functioning and Adaptive Behavior	2.75
REL-IDD-AAIDD-ID3	Intellectual Disability Part 3: Diagnosing Intellectual Disability and Planning for Supports	3.25
REL-IDD-0-IBC1	Positive Behavior Support Planning: Part 1	2.00

REL-IDD-0-IBC2	Positive Behavior Support Planning: Part 2	2.25
REL-IDD-NADD-RSBP	Risk Screening for Best Practices	1.25
REL-HHS-0-SBIRT-V2	SBIRT: Screening and Interventions for Individuals with Substance Use Issues	1.25

# **Communication Competency Area**

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Communication competency area.

The DSW/DSP builds trust and productive relationships with people s/he supports, coworkers and others through respectful and clear verbal and written communication

#### Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-ACS	Augmentative and Alternative Communication for IDD	1.00
REL-IDD-0-BCCMS	Basic Communication and Conflict Management Skills	1.75
REL-BHC-0-BMCE	Building a Multicultural Care Environment	1.75
REL-IDD-0-DTR	Developing Therapeutic Relationships	0.50
REL-ALL-0-ECWSNK	Effective Communication: What Supervisors Need to Know	1.00
REL-ALL-0-ECCE	Essentials of Communication: Communication Effectiveness	1.00
REL-ALL-0-ECCE	Essentials of Communication: Communication Effectiveness	1.00
REL-ALL-0-ECEL	Essentials of Communication: Effective Listening	1.00
REL-ALL-0-ECNC	Essentials of Communication: Navigating Conversations	1.00
REL-IDD-0-DSPCCMS-2	Person-First Language	1.00
REL-IDD-0-RCD	Respecting Cultural Diversity in Persons with IDD	1.00
REL-ALL-0-WTEAM	Working in a Team	0.50
REL-ALL-0-WWDP	Working with Difficult People	0.25

# **Professionalism and Ethics Competency Area**

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Professionalism and Ethics competency area.

The DSW/DSP works in a professional and ethical manner, maintaining confidentiality and respecting individual and family rights

Module Code	Module Name	Hours
REL-ALL-0-HEB-V2	Employee Wellness - Healthy Eating on a Budget	0.25
REL-ALL-0-HS-V2	Employee Wellness - Healthy Sleep	0.25

REL-ALL-0-IPF-V2	Employee Wellness - Importance of Physical Fitness	0.25
REL-ALL-0-STRMGT-V2	Employee Wellness - Stress Management	0.25
REL-ALL-0-TMGMT-V2	Employee Wellness - Time Management	0.25
REL-ALL-0-WLBAL-V2	Employee Wellness - Work-Life Balance	0.25
REL-ALL-0-ETHCC	Ethics and Corporate Compliance	0.50
REL-ALL-0-HBAS	HIPAA: Basics	0.50
REL-ALL-0-HDDSMEC	HIPAA: Do's and Don'ts of Social Media and Electronic Communication	0.50
REL-ALL-0-HPRR	HIPAA: Privacy Rule	0.25
REL-ALL-0-HSECR	HIPAA: Security Rule	0.50
REL-HHS-0-LESCCMHP-V2	Legal and Ethical Standards of Care in Behavioral Health	2.00
REL-ALL-0-PSW	Problem Solving in the Workplace	1.00
REL-ALL-0-BETHDM	The Basics of Ethical Decision Making	0.50

# **Community Inclusion and Networking Competency Area**

To earn the DSP-II Certification, individuals must earn the DSP-I Certification and then at least one Core Competency NADSP E-Badge from the Community Inclusion and Networking competency area.

The DSW/DSP helps individuals to be a part of the community through valued roles and relationships, and assists individuals with major transitions that occur in community life

#### Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-ES	Employment Support	1.00
REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00
REL-IDD-0-PDBRCM	People with Disabilities: Building Relationships and Community Membership	1.00
REL-IDD-0-RIDD	Retirement in IDD	0.50
REL-IDD-0-SSIIASD	Social Integration Strategies for People with Autism Spectrum Disorder	0.75
REL-IDD-0-DSP1	Supporting Healthy Personal Relationships for People with IDD	1.00
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00

# **DSP-III NADSP E-Badge Requirements**

To earn the DSP-III Certification, individuals must earn 50 total E-Badges, to include the DSP-II Certification (which includes the NADSP Code of Ethics from DSP-I and 100 hours of accredited education) and at least one Core Competency E-Badge from each of the competency areas identified in subsequent sections of this Crosswalk.

#### Commitment to adhere to NADSP's Code of Ethics

Note: No training is required to meet this standard; however, learners may choose from Relias' NADSP accredited modules to supplement understanding and application of the nine (9) tenets

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

#### 100 hours of direct instruction from an NADSP Accredited Education program for DSPs

#### Additional suggested modules are listed under each competency area

\*\*NOTE: Learners must ensure they complete courses which are NADSP-approved; these courses can be found in the certificates filter in/on the RLMS

Module Code	Module Name	Hours
REL-ACCRED1	Choose Appropriate Courses from Relias Learning Libraries	0.00

#### **Empowerment and Advocacy Competency Area**

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Empowerment and Advocacy competency area.

# The DSW/DSP provides advocacy and empowers and assists individuals to advocate for what they need

#### Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-ABIDD	Abuse and Neglect of Individuals with I/DD	2.50
REL-IDD-0-CMPIDD	Choice Making for People with Intellectual and Developmental Disabilities	1.00
REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00
REL-IDD-0-PCPIDD	Person Centered Planning for Individuals with Developmental Disabilities	3.25
REL-BHC-0-PIRDAA	Prevention, Identification, and Reporting of Dependent Adult Abuse	1.00
REL-IDD-0-RIIDD	Rights of Individuals with IDD	0.75
REL-IDD-0-SDS	Self-Directed Services	0.50
REL-IDD-0-SELPD	Supporting Everyday Lives for People with Disabilities	2.50
REL-IDD-0-TSAS	Supporting Self-Advocacy Skills	0.50

# **Community Living Skills and Supports Competency Area**

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Community Living Skills and Supports competency area.

The DSW/DSP helps individuals to manage the personal, financial, and household tasks that are necessary on a day-to-day basis to pursue an independent, community-based lifestyle

#### Suggested modules:

Module Code	Module Name	Hours
REL-IDD-0-DOH-V2	Dental and Oral Health for Individuals with IDD	0.75
REL-IDD-0-PDBRCM	People with Disabilities: Building Relationships and Community Membership	1.00
REL-IDD-0-PCPIDD	Person Centered Planning for Individuals with Developmental Disabilities	3.25
REL-IDD-0-PFIDD	Preventing Falls	1.00
REL-IDD-OADSP-PPEDS	Principles and Practices of Effective Direct Supports	1.00
REL-IDD-AAIDD-PPBSP2TFS	Principles of Positive Behavior Support Pt.2: Choice, Skills, and Environment	0.50
REL-IDD-AAIDD-PPBSP3TIIDD	Principles of Positive Behavior Support Pt.3: Teaching New Skills	0.50
REL-IDD-0-SSIIASD	Social Integration Strategies for People with Autism Spectrum Disorder	0.75
REL-IDD-0-SELPD	Supporting Everyday Lives for People with Disabilities	2.50
REL-IDD-0-DSP1	Supporting Healthy Personal Relationships for People with IDD	1.00
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00
REL-IDD-GH-SI	Systematic Instruction Strategies	3.25

# **Education, Training, and Self-Development Competency Area**

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Education, Training, and Self-Development competency area.

The DSW/DSP obtains and maintains necessary certifications, and seeks opportunities to improve their skills and work practices through further education and training

# Suggested modules; additional NADSP accredited modules available in Relias libraries:

Module Code	Module Name	Hours
REL-IDD-0-ODTD-V2	An Overview of Different Types of Disabilities	1.00
REL-IDD-OADSP-UA-V2	Assessments in IDD	2.00
REL-IDD-0-DSP4	Criminal Justice System and People with Intellectual and Developmental Disabilities	0.50
REL-ALL-0-SECG-V2	Employee Wellness - Side Effects of Care Giving	0.25
REL-IDD-0-OHDALS	Human Development Across the Life Span	0.75
REL-IDD-NADD-IDDTRR	IDD and Trauma: Road to Recovery	1.50

REL-IDD-0-IDAO	Intellectual Disabilities: Interventions, Supports and Outcomes	1.00
REL-IDD-AAIDD-ID1	Intellectual Disability Part 1: Understanding the Construct and Its Assessment	1.75
REL-IDD-AAIDD-ID2	Intellectual Disability Part 2: Assessing Intellectual Functioning and Adaptive Behavior	2.75
REL-IDD-AAIDD-ID3	Intellectual Disability Part 3: Diagnosing Intellectual Disability and Planning for Supports	3.25
REL-HHS-0-QI	Quality Assurance and Performance Improvement for Direct Care Professionals	1.00
REL-HHS-0-SBIRT-V2	SBIRT: Screening and Interventions for Individuals with Substance Use Issues	1.25
REL-IDD-0-SQL	Supporting Quality of Life for Individuals with IDD	1.00
REL-ALL-0-BETHDM	The Basics of Ethical Decision Making	0.50
REL-ALL-0-TRANSUP	The Transition to Supervisor	1.00

# **Cultural Competence Competency Area**

To earn the DSP-III Certification, individuals must earn the DSP-II Certification and then at least one Core Competency NADSP E-Badge from the Cultural Competence competency area.

The DSW/DSP respects cultural differences, and provides services and supports that fit with an individual's preferences

Module Code	Module Name	Hours
REL-BHC-0-BMCE	Building a Multicultural Care Environment	1.75
REL-ALL-0-CDIV	Cultural Competence	0.50
REL-BHC-0-CRCP	Cultural Responsiveness in Clinical Practice	1.50
REL-BHC-0-IOAMC	Individual and Organizational Approaches to Multicultural Care	1.25
REL-IDD-0-RCD	Respecting Cultural Diversity in Persons with IDD	1.00